

## INGREDIENTS

- 2 Bananas, mashed
- 1 tsp Baking Soda
- 1 tsp Cinnamon
- 2 Eggs
- 1/4 cup Honey
- 1 & 1/4 cup Almond Meal
- 1/2 cup Almond Flour
- 1/4 cup Almond Milk
- 1/2 cup Almond Butter
- 1/2 cup Chocolate Chips
- 1/2 tsp salt

## INSTRUCTIONS

1. Preheat oven to 175C.
2. Prepare a baking dish or two ramekins and set aside.
3. Combine mashed banana, honey, eggs, cinnamon, salt and baking soda
4. In a separate bowl combine all remaining dry ingredients
5. Add the dry mixture to the wet ingredients, until combined
6. Gently stir through the almond milk and chocolate chips
7. Bake for 18-22 mins



## Banana Bread Blondie



Serves 2



30 minutes

Packed full of Almond goodness, this banana bread treat is high in fibre, high in magnesium, helps to lower your cholesterol and is gluten free! Sit back, relax and enjoy.

